



1979

EKEN MORRIS DANCERS – OUR DANCES



2019

ADDERBURY



With Adderbury Village Morris Men and Sharp and Blunt at the Bell, Adderbury September 2, 2019.
Photo by David Reed.

Adderbury Morris were revived in 1974 by Tim Radford and Bryan Sheppard. There are two major sources to Adderbury Morris – the Janet Blunt manuscripts and Cecil Sharp’s Morris Book II. Disagreements led to a split the same year and the creation of two sides – the Adderbury Morris Men and the Adderbury Village Morris Men under the direction of Bryan Sheppard. Adderbury Village Morris Men follow the Blunt manuscripts. In 2010 a ladies’ side, Sharp and Blunt, was formed. The name was chosen in honour of Cecil Sharp and Janet Blunt.

ADDERBURY

We learned Adderbury from Adrian Turnham (Albion Morris Men) back in 1979. During our visit to Adderbury September 2019 we were told by Adderbury Village MM that our dancing is more Sharp than Blunt.

Basic stepping: 2 double steps, one forward, one on the spot and back (or return) with step hop, step hop, feet together, jump (and clash with opposite).

Handkerchiefs: we only have Adderbury stick dances on our repertoire.

Sticks: long sticks held vertically in front (right hand) when not in use for striking. Usual striking with opposite on the last strong beat (up, down and clash) at end of each CF.

CF - Common figures:

FU - Foot up, danced up twice.

BB - Back to back. Start by passing right shoulder, then left shoulder.

HR - Hands round. Change stick to left hand. Hold right hand with opposite. Dance round in a small circle, one step to opposite side, one step on the spot, back to place. Change stick back to right hand and repeat with holding left hands.

PD - Processional down. First couple dance down and back. Second couple dance down followed by first couple. Third couple dance up outside second and first to make a line with first couple, then all retire to place.

PU - Processional up. Third couple dance up and down. Second couple dance up followed by third couple. First couple dance down outside second and third to make a line with third couple, the all retire to place.

WH - Whole hey - Adderbury style (parallel hey). No 1 turn inwards and down, no 2 turn outwards and down, no 3 turn outwards and up, no 4 turn inwards and up, no 5 turn inwards and up, no 6 turn outwards and up. Repeat from new places. No 1 turn inwards and up, no 2 turn outwards and up, no 3 turn outwards and down, no 4 turn inwards and down, no 5 turn inwards and down, no 6 turn outwards and down.

Beaux of London City - Adderbury

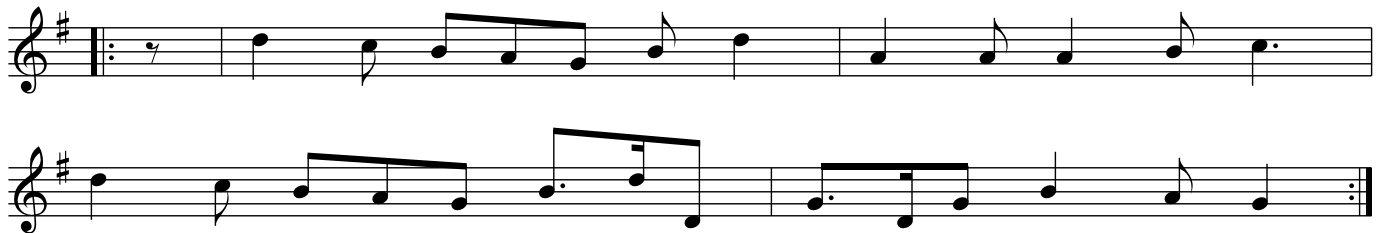
A(AB)6

$\text{♩} = 120$

A



B



DANCE - corner dance, single steps, long stick

OY (Once to yourself) Face opposite. Left, right, together/clash (tips).

FU (Foot up)

DF1

BB (back to back)

DF2

HR (Hands round)

DF3

PD (Processional down)

DF1

PU (Processional up)

DF2

WH (Whole hey - Adderbury style)

DF3

Distinctive figure - stick clashing

DF1 - Corners clash (tips)

DF2 - Corners shoot

DF3 - Corners shoot in the air

Basic step - 9:2 step - rh lh rh, lh rh lh, rh lh rh, L R together

Constant Billy - Adderbury

A(AB)6

♩ = 120

A



B



DANCE - long stick

OY (Once to yourself) Walk in circle singing

FU (Foot up)

DF

BB (back to back)

DF

HR (Hands round)

DF

PD (Processional down)

DF

PU (Processional up)

DF

WH (Whole hey - Adderbury style)

DF

Distinctive figure - stick clashing tips to tips

Everyone partners, middles face up, middles face down, everyone partners, foot up

Oh! my Billy, my constant Billy, When shall I see my Billy again?

When the fishes fly over the mountain, that's when I see my Billy again!

Lads a Bunchum - Adderbury

A(AB)6



DANCE - long stick

OY (Once to yourself) Walk in circle singing

FU (Foot up)

DF1

BB (back to back)

DF2

HR (Hands round)

DF3

PD (Processional down)

DF1

PU (Processional up)

DF2

WH (Whole hey - Adderbury style)

DF3

Distinctive figure - stick clashing

DF1 - Double handed

DF2 - Single handed

DF3 - High

Oh dear mother, what a fool I be!

Six young fellows come a-courting me.

Five were blind and the other couldn't see.

Oh dear mother, what a fool I be!

BAMPTON



The Romany Inn, Bampton June 28, 2015.

Bampton has a long tradition of Morris Dancing going back several hundreds of years. In 1950, disagreements between Frances Shergold and Arnold Woodley resulted in a split. Today there are three Bampton sides – The Traditional Bampton Morris Dancers (a.k.a. "Adams's team", prev. "Woodley's team"), The Bampton Traditional Morris Men (a.k.a. "Daniels's team", prev. "Shergold's team") and The Bampton Morris Men (a 1974 off-spring from Arnold Woodley's team).

BAMPTON

We learned Bampton from Adrian Turnham (Albion Morris Men) back in 1979. He called the style pre-war Bampton and it has become our way of performing the tradition.

Our Bampton is different to the versions you see today – mostly single stepping and the handkerchiefs go up and down instead of down and up.

Set of six dancers.

Basic stepping: 2 double steps, 3 single steps, together.

Handkerchiefs: Hold the handkerchiefs in one corner.

Arm movement: Down and up, down and up, right behind, left behind, together, up. Waves with capers.

CF - Common figures:

FU – Foot up is always up and down

HG – Half gip – Y shape figure with opposite. Start by passing right shoulder.

WG – Whole gip – small circle with opposite. Start by going round clockwise.

HR – Half rounds – big circle going round clockwise. Turn outwards and back anti-clockwise.

Hey is sometimes part of the DF (mirror hey)

OY – Once to Yourself – 3 back-steps on the spot, together. Arms/handkerchiefs: right behind, left behind, together, up.

Bonny Green Garters - Bampton

AA4(BC)2

A



B



C



DANCE - handkerchiefs

A music

OY (Once to yourself)

FU (Foot up - Foot down)

HG (Half gip)

WG (Whole gip)

HR (Half rounds)

B music

WR (Whole rounds), continue anti-clockwise with side steps

C music

HC anti-clockwise (Half capers/Bonny Green Capers/right, left, left)

Here's to the ladies, we love them so well,
Though some are regular Tartars!
Here's to their stockings and here's to their shoes
And here's to their bonny green garters.

Bobbing Around - Bampton

A(AB2)4

♩. = 120

A



B



DANCE - handkerchiefs

OY (Once to yourself)

FU (Foot up - Foot down)

DF

HG (Half gip)

DF

WG (Whole gip)

DF

HR (Half rounds)

DF

Distinctive figure

Two Half capers (right, left, left) across, right shoulder

Turn right and caper (right, left, right, left)

Half hey (first HH is on "wrong" side)

Repeat

Country Gardens - Bampton

A(BC3)3A2

♩ = 120

A



B



C



DANCE - handkerchiefs, corner dance

OY (Once to yourself) - A music

FU (Foot up - Foot down) - B music

DF1 - C music

HG (Half gip) - B music

DF2 - C music

WG (Whole gip) - B music

DF2 - C music

HR (Half rounds) - finish in a circle with 4 capers facing inwards - A music

Distinctive figure

DF1 - Half-through - corners approach and turn away (rt) to own places in 6 bars of sidestep

Bars 7 - 8 - all caper (right, left, right, left)

DF2 - Through - corners cross and turn to face partner, 6 bars sidestep

Bars 7 - 8 - all caper (right, left, right, left)

Highland Mary - Bampton

A(AB2)4

♩ = 120

A

B

DANCE - handkerchiefs

OY (Once to yourself)

FU (Foot up - Foot down)

DF

HG (Half gip)

DF

WG (Whole gip)

DF

HR (Half rounds)

DF

Distinctive figure

Turn to face down but in 45 degrees to the left

Two single side steps hankies in-and-in, Turn 180 degrees clockwise while doing two single steps hankies out-and-out

Facing up 45 degrees to the left

Two single side steps hankies in-and-in, two single steps hankies out-and-out. Half hey, repeat

The Rose Tree - Bampton

A(AB3)3A

♩ = 120

A



B



DANCE - handkerchiefs, corner dance

OY (Once to yourself)

FU (Foot up - Foot down)

DF1

HG (Half gip)

DF2

WG (Whole gip)

DF2

HR (Half rounds) - finish in a circle with 4 capers facing inwards

Distinctive figure

DF1 - Half-through - corners approach and turn away (rt) to own places in 6 bars of sidestep

Bars 7 - 8 - all caper (right, left, right, left)

DF2 - Through - corners cross and turn to face partner, 6 bars sidestep

Bars 7 - 8 - all caper (right, left, right, left)

Webley Twizzle - Bampton

A(A2B2)4

♩. = 120

A



B



"Wells had the tune after a man called Web and named the dance after him". Black Book page 42.

DANCE - handkerchiefs

OY (Once to yourself)

FU (Foot up - Foot down)

DF

HG (Half gip)

DF

WG (Whole gip)

DF

HR (Half rounds)

DF

Distinctive figure

Side step right, side step left, half hey with bonny green caper, Walk (right), walk (left), bonny green caper
Repeat

BRACKLEY



Halfway there and Back Again (Brackley style), Bourton-on-the-Water, August 31, 2019.

Brackley is a market town in South Northamptonshire, England, on the borders with Oxfordshire and Buckinghamshire.

Morris dancing in Brackley died out with the outbreak of the Great War 1914. In 1959, Roger Nicholls started a boys' side at Magdalen College School in Brackley. This side became the basis for the revival side of Brackley Morris Morris Men in 1971/1972.

"The Brackley Morris Men are listed by the Morris Ring as one of only seven remaining 'traditional' Cotswold Morris sides in England, and is the only one to survive in Northamptonshire. The choruses and figures of our dances are unique to Brackley..."

BRACKLEY

I do not remember from where we got the first Brackley dance – Jockey to the Fair – into our repertoire. During the years we have added some more Brackley dances.

Basic stepping: Single steps with two types of endings- the quick (together, feet apart, jump) and the slow (right behind left in a T-shape, left behind in a T-shape, feet apart, jump)

Handkerchiefs: fold the hanky in half along one diagonal then the other to make a small triangle.

Arm movements: Low twists (both hands except in side steps) – hip level, waves with capers. Quick ending: hankies together, out to the sides and together again, all at hip level. Long ending: hankies out to the sides, in together, out to the sides and in together again, all at hip level.

CF – common figures:

WhR – Rounds

FU – Foot up

FD – Foot down

SS – Side by side

BB – Back to back

WH – Whole hey Brackley style (sliding door hey), slipping hey (with side steps). Top couple going down the set between middles and outside bottoms, returning between bottoms and outside middles, the others slipping up one place and then down again.

OY – Once to yourself – slow ending

Halfway there and Back Again - Brackley

A(A2B2)4A2

Katrina Ellis

♩ = 120

A



B



DANCE - handkerchiefs, single steps

The dance is "stolen" from Sarum Morris and adopted as a Brackley dance

OY

WhR (Whole rounds)

DF

SS (Side by side)

DF

BB (Back to back)

DF

WH (Whole hey Brackley style)

DF

Ring and all in - finish with 4 capers facing into the ring

Distinctive figure

Numbers 1, 4 and 5 dance side step left, then side step right ending in the center of the set, facing round in clockwise direction. Hands held in standard "rest" position. Number 1 swings Right arm up and out, ending horizontally towards the center of the group of three.

Then Number 4 does the same, placing hand on top of Number 1's wrist, then number 5 does the same placing hand on top of Number 4's wrist. Then all three mirror the arm movements with the Left arm, then dance forward (clockwise) for 4 single steps in a circle back into original place. The remaining three dancers repeat the sequence in order Number 2 Number 6 and Number 3.

Jockey to the Fair - Brackley

A(A2B3)4

♩. = 120

A



B



DANCE - handkerchiefs, corner dance

OY

FU (Foot up-and-down)

DF1

FD (Foot down-and-up)

DF1

SS (Side by side) - long SS, i.e. turning to face one way. First time evens turn, second time odds

DF2

BB (Back to back) - long BB; i.e. a quick BB followed by dancing in position during the rest of the A-music

DF2 - Finish dance with 4 single steps and 4 capers - all join

Distinctive figure

DF1 - 4 side steps (cross), 4 single steps (turn), 4 capers (back-to-middle), 4 single steps (on the spot), slow ending

DF2 - 6 double capers (cross & turn), 4 capers (back-to-middle), 4 single steps (on the spot), slow ending

Skipping Chickens - Brackley

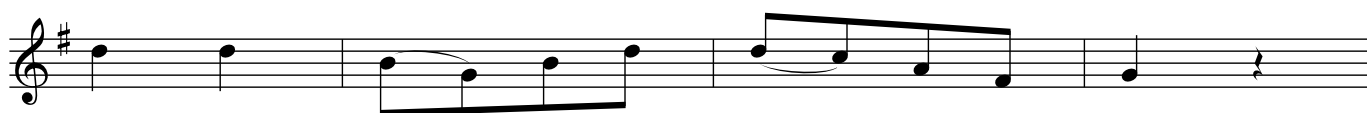
A(A2B2)4A2

♩ = 120

A



B



DANCE - handkerchiefs, single steps

The dance is devised by former member David Bainbridge

OY

WhR (Whole rounds)

DF

SS (Side by side)

DF

BB (Back to back)

DF

WH (Whole hey Brackley style)

Ring and all in

Distinctive figure

Bars 1 - 4: First and second 2 capers, 3 and 4 2 capers, 5 and 6 2 capers, all 2 capers

Bars 5 - 8: small circle with opposite

HEADINGTON



With Headington Quarry Morris Men (now Headington Quarry Morris Dancers) at the Six Bells, Headington/Oxford, September 4, 2019.

“On Boxing Day 1899, the Headington Quarry Morris Dancers (HQMD) led by their musician William Kimber, were seen performing at Sandfield Cottage in Headington by the folk musicologist Cecil Sharp - who hitherto had been unaware of the survival of this native form of dancing.

This cardinal meeting proved to be the springboard of the whole modern folk revival.

The team has a recorded history stemming from the late 1700's and the present club (which was reformed after the second World War in 1947) still contains dancers who received their tuition in the Headington tradition directly from William Kimber himself (dd 1961), some of whom are direct descendants of the 1899 dancers.”

HEADINGTON

We learned Bampton from Adrian Turnham (Albion Morris Men) back in 1979.

Basic stepping: 2 double steps, 2 single steps, step, hop.

Handkerchiefs: holding all four corners of the hanky together in the fingertips allowing the middle to balloon out like a parachute.

Arm movement: Down and up, down and up, circle, circle, down, up/out. Arms horizontal on up, circle at shoulder height.

Sticks: short sticks.

CF - Common figures:

FU – Foot up, danced up twice.

BB – Back to back. Start by passing right shoulder, then left shoulder.

CO – Cross over. Start by passing right shoulder and turn round right into place. Repeat back to place passing right shoulder again.

WH – Whole hey (mirror hey). Top couples going up and out, second couples going in and out, third couples going down and out.

OY – Once to Yourself – jump. Arms/handkerchiefs: down and up, down and up/out.

Bean Setting - Headington

A(A2B2)4

♩. = 140

A



B



DANCE - Short sticks, Single steps

OY (Once to Yourself)

HR (Half rounds) - form set half-way - First half evens turns out, odds go straight. Second half all turn out

DF

BB (Back to Back)

DF

CO (Cross Over)

DF

WH (Whole Hey)

DF

Distinctive figure

Dib and strike around the set

Bar 1 - dib twice

Bar 2 - strike partner on first beat (low strike), second beat hold sticks crossed

Bar 3 - dib twice

Bar 4 - strike partner on first beat (low strike), on beat 2 no 1 taps no 3's stick

Bars 5 & 6 - No 3 taps no 5, No 5 taps no 6, no 6 taps no 4 and no 4 taps no 2

In the third extra beat in bar 6 partners strike as in bar 2

Repeat

Blue eyed Stranger - Headington

A(AB)4

A

G C G D7 C D7 G

B

G C D7 G G C D

G C D7 G D7 C D7 G

DANCE - handkerchiefs

OY (Once to Yourself)

FU (Foot up)

DF

BB (Back to Back)

DF

CO (Cross Over)

DF

WH (Whole Hey)

DF

Distinctive figure

Side-step right, side-step left, double step, caper, caper

Repeat

Getting Upstairs - Headington

A(AB)4

$\text{♩} = 120$

A



B



DANCE - handkerchiefs

OY (Once to Yourself)

FU (Foot up)

DF

BB (Back to Back)

DF

CO (Cross Over)

DF

WH (Whole Hey)

DF

Distinctive figure

Caper, caper, double step (Caper, caper, 123), Caper, caper, double step, Half hey

Repeat

Shepherds' Hey - Headington (Eken version)

A(AB)4A

$\text{♩} = 120$

A



B



The music we play is similar to the Headington MDT version in the Black Book.

DANCE - hand-clapping dance, no handkerchiefs. Black Book has this a set dance. Eken dance this as a solo

OY (Once to Yourself)

FU (Foot up)

DF1

FU (Foot up)

DF2

FU (Foot up)

DF3

FU (Foot up)

DF4

FU - finish with 4 capers

Distinctive figure - hand-clapping

Clap hands in front twice, clap right foot

Clap hands in front twice, clap left foot

Clap in front, clap under right knee

Clap in front, clap under left knee

Clap in front, clap behind

Second time swap clap foot for clap knee

Third time clap breast

Fourth time clap head

Trunkles - Headington (shortened version Eken style)

A(A2B3C3)2A2B3D3A2

♩ = 120

A



B



C



D



DANCE - handkerchiefs, corner dance

OY (Once to Yourself)

DF1

BB (Back to Back)

DF1

CO (Cross Over)

DF2

WH (Whole Hey) - finish the hey in a circle all facing in with a shout

DF1 - Corners stamp & strike (B music), Corners cross (C music)

Stamp & strike - 3 bars double step, in bar 4 stamp and strike with right foot, back into place
Hands on hips when striking

Corners cross - 4 bars double step, meet in the middle, back into new place on last two bars with
Headington ending/circle, circle, down up and out

DF2 - Corners stamp & strike (B music), Corners cross (D music)

Corners stamp & strike as in DF1 (B music)

Corners cross with capers 4 bars R, L, R, J, meet in the middle, back into place on last two bars
with Headington ending/circle, circle, down up and out (D music)

The Upton-upon-Severn Stick Dance



The Upton-upon-Severn Stick Dance performed by Eken, Helsinki Morrisers and Trigg Morris Men June 6, 2009. Photo by Steve Walker.

The original is a traditional Border dance from Upton upon Severn, collected by Maud Karpeles from the Griffen family in 1925. The dance we know today is the result of a workshop 1962 where Geoff Hughes, the foreman of Chingford Morris Men, picked up a skeleton of the dance. At the workshop the tune used was collected by Maud Karpeles in US and said to be from Newfoundland.

Geoff Hughes write: "Some weeks later I asked Peter (the WS leader) to teach us this dance but he could not recall the whole dance. However we were able to remember the chorus figure with three distinctive stick movements and a small CCW circle finishing with a double stamp. We also recalled Whole Rounds, Whole Hey and a distinctive Hey across the ends of the set. Taking this as a starting point I then began to put together my own version of the dance which I had seen."

"Since there were six choruses in the dance there would obviously need to be at least six figures..."

Geoff repeated some of the figures and ended up with five figures. In the Morris Book he found a diagram of Ilmington Cross and Turn that he used as the missing 6th figure. The rest is history...

Upton-Upon-Severn Stick Dance

A(AB2)6

Trad. Morris (England, Upton-Upon-Severn)

♩. = 90

DANCE - long sticks, stick clash at the beginning of each figure. Double steps with extra small hock

OY

Rounds - 2 steps going backwards, 6 steps round in circle

DF1

Hey left - 1, 2, 5, 6 back 2 steps. 3 and 4 back one step then one forward into the hey
across the set 1, 2 and 3 together, 5, 6 and 4 together

DF2

Hey right - 1, 2, 5, 6 back 2 steps. 3 and 4 back one step then one forward into the hey
across the set 1, 2 and 4 together, 5, 6 and 3 together

DF3

Cross and turn - all back one step

DF1

Whole hey - 1, 2, 5, 6 back 2 steps on the spot. 3 and 4 back one step then one forward
into the hey between first couple

DF2

Rounds - 2 steps going backwards, 6 steps round in circle

DF3

Distinctive figure - stick clashing

DF1 - Single handed - tips and butts

DF2 - Double handed - left hand down

DF3 - Fencing

The stick clashing is followed by small individual anti-clockwise circles